



Start the New Year  
off **RUNNING!**



at the

**AAU Mid Season  
INDOOR INVITATIONAL CHAMPIONSHIP**

**Sunday JANUARY 10, 2016 at 2 pm Sharp!**

NEW BALANCE 168 STREET ARMORY  
216 Fort Washington Ave, NYC 10032

*There is nothing like the AMBIANCE of THE ORIGINAL BANK TRACK!*

**Schedule: Youth mile run  
college mile  
SMR(4-2-2-8)  
200m  
55m  
55 mh  
400m  
4x 200m  
4x800college  
LJ-TJ-SP- All  
PV-college/HS**

**3 events/ \$10 FAT / single age group 9-14, College Teams-Flat fee, Indiv-19-22- \$10 each event.**

Registration at Coach o until 1/7/2016 11:59pm  
Age Groups- youth 5-18 and college 19-22

Meet Director- R.Hopkins, (718) 764-7791 r happenin@gmail.com

This event is licensed by the Amateur Athletic Union of the U. S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an Internet connection.

BE PREPARED: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for membership to be processed.

Participants are encouraged to visit the AAU web site [www.aausports.org](http://www.aausports.org) to obtain their membership.

